



## Discovery Card – Communion

Communion in every sense is a love feast that unites and deepens our sense of identity with Christ and one another. We are commanded by Christ Himself to take bread and wine and remember all that He has done for us through His death and resurrection. Through the activity of the Spirit there is a real uniting in communion.

### Daily Readings.

**Day 1** –Matthew 27 v 27 – 56

**Day 3** – Acts 2 v 42 – 47

**Day 5** – Matthew 5 v 21 – 26

**Day 7** – Corinthians 11 v 17 – 34

**Day 2** – Hebrews 9 v 11– Ch 10 v 18

**Day 4** – Isaiah 53 v 1 – 12

**Day 6** – 2 Corinthians 5 v 1 – 10

Write down anything you have learnt, or are not sure of, from these readings and share with the group next week.

### Helpful Hints

Communion and our response to it.

- 1) When you come to a time of communion, spend time examining your life and confessing to God any areas of sin or compromise – asking that He will forgive you. Think of relationships where you may have hurt others or they may have hurt you. Where there is anger, forgive, just as Christ has forgiven you.
- 2) As the bread and wine is given, focus on the sacrifice of Jesus on the cross and His resurrection. Give thanks that Jesus gave Himself for you and recommit your life to Him, asking that He may fill you once again with His Spirit.
- 3) Reflect on the fact that through faith in Jesus, you now are part of His body and that you now have a responsibility to love and encourage your brothers and sisters in the Lord.



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