

Prayer is the way we express our thoughts and feelings to God. Prayer is also the way God expresses His thoughts and desires to us.

**It is two-way communication!**



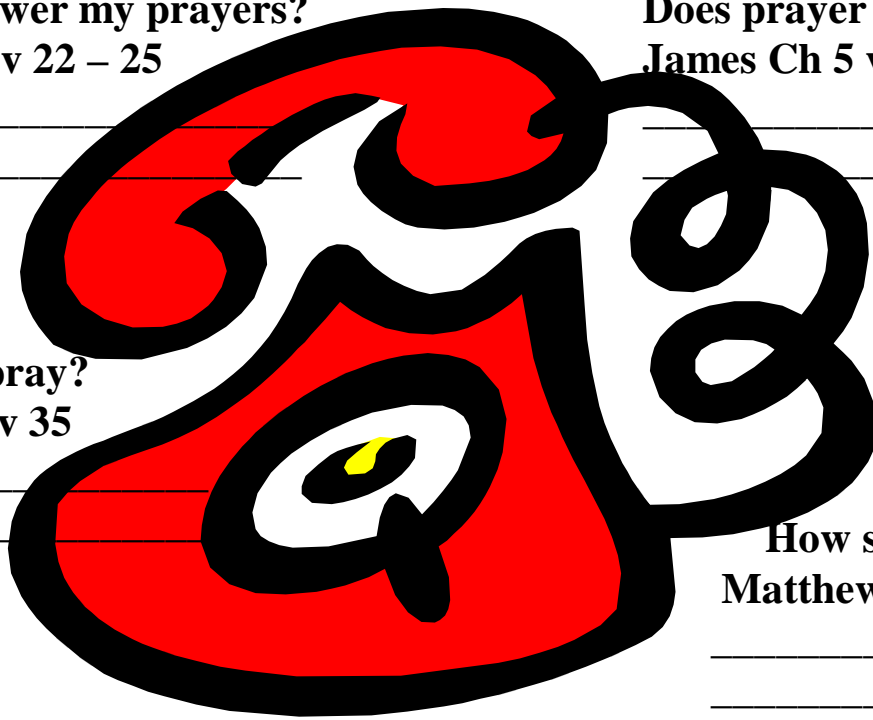
So what can we learn which will help us communicate with God more effectively?

**Will God answer my prayers?**

**Mark Ch 11 v 22 – 25**

**Does prayer change anything?**

**James Ch 5 v 13 – 18**



**Did Jesus pray?**

**Mark Ch 1 v 35**

**How should I pray?**

**Matthew Ch 6 v 5 – 13**



## Helpful Hints



**Here is a helpful guide to give you ideas of how to pray**

**Thank God** – God gives us so many good things in our lives and is happy when we thank Him for them.

**Say Sorry** – Saying sorry for wrongdoing, keeps our relationship with God and other people healthy.

**Ask** – When we pray for others, prayer opens a door in a person's life or situation, for God to bless them.

**Claim Promises** – God has so many wonderful things He wants to give us. A lot of these promises are in the bible. Underline the bible's promises and ask God to make them real in your life

**Listening** – if our friends or family don't listen to us when we share things with them, eventually we get frustrated and stop sharing with them. If we are to get to know God better we must spend time listening to Him. You may not hear anything at the time, but God will have spoken to you and you will see the results over a period of time.

**Different Ways God Speaks :-** Through the bible – through other Christians – through situations – through words and visions - through own thought patterns and inclinations.