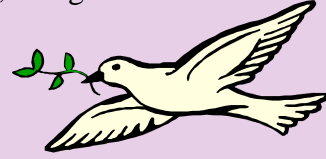


Jesus promised the Holy Spirit to all those who follow Him. The Holy Spirit is the third person of the Trinity. Christians believe that there is only One God, but He is in three persons God the Father, God the Son (Jesus) and God the Holy Spirit. The Holy Spirit gives us the power to change for the better and gives us a vibrant, living and active faith.



In groups of two or three, answer these questions with *facts* from the **Bible**

What does Jesus promise?
John Ch 14 v 15 – 18

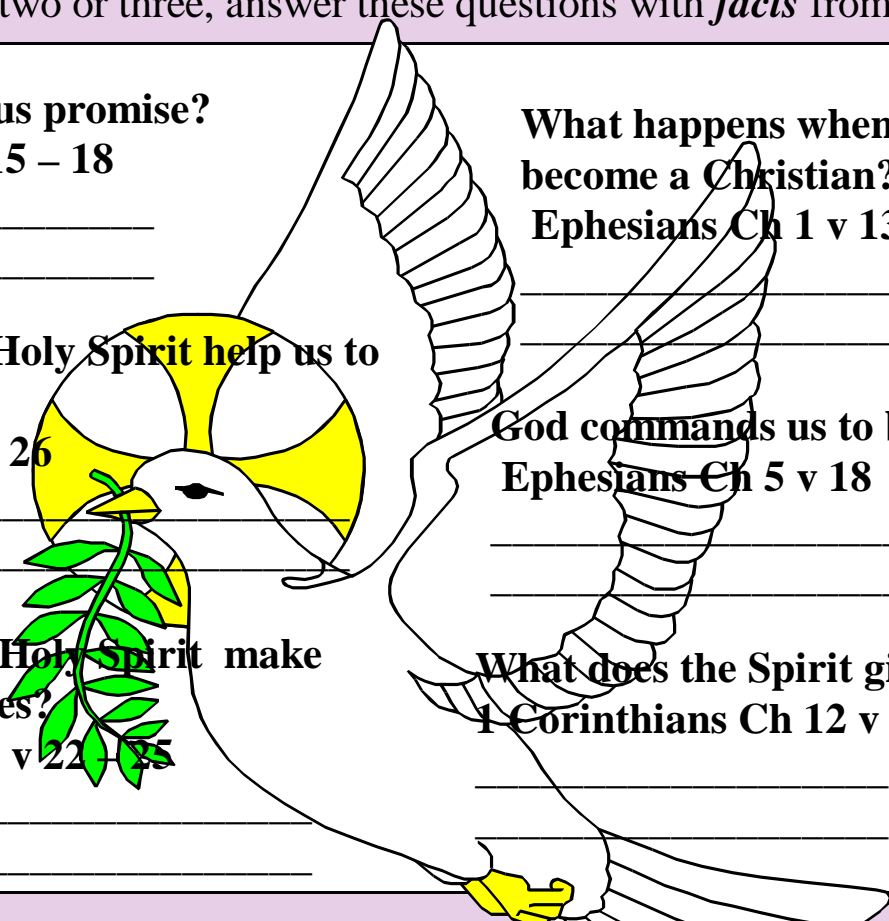
How does the Holy Spirit help us to pray?
Romans Ch 8 v 26

What does the Holy Spirit make grow in our lives?
Galatians Ch 5 v 22 – 25

What happens when you become a Christian?
Ephesians Ch 1 v 13 – 14

God commands us to be what?
Ephesians Ch 5 v 18

What does the Spirit give to us?
1 Corinthians Ch 12 v 4 – 11



 **Helpful Hints** 

Here are some practical ideas to help you grow strong in God's Spirit

- 1) Spend time saying sorry to God for your wrongdoing. This helps keep you clean and therefore able to be changed and used by God's Spirit
- 2) Make sure you are regularly giving each area of your life to God. This submission to God allow His Spirit to fill you and guide you in your daily living. (time – abilities – relationships and future)
- 3) Ask God every day to fill you with His Spirit of power and truth.
- 4) When God speaks to you obey what He say. God will give small things to start with, then as you obey, He gives you bigger and more exciting things to do.

The Holy Spirit is what causes you to experience a New Birth experience when you give your life to Jesus. He is the one who reassures you that you are a Christian and changes you to be more like Jesus. He guides you and gives Spiritual gifts for you to use for God in the church.