

## Program for Sessions

- (1) Why Heal today?
- (2) The Ministry of Jesus.
- (3) Physical Healing.
- (4) Memory Healing.
- (5) Emotional Healing.
- (6) Deliverance Healing
- (7) Conversion.
- (8) Models of Ministry.
- (9) Abuse Healing.

## Physical Healing.

### So How do we pray for physical healing?

1) It is important that when we come to pray for someone for healing that we take our time to get it right. There is nothing worse than rushing the opportunity to pray for someone because of other commitments you have got. To be able to listen effectively both to the person who is sick and the Holy Spirit you need quality time without distractions.

2) Spend some time listening to why the person has asked to be prayed for and what they hope will happen when you pray.

Jesus many times asked the sick person, "What do you want me to do for you?" There is a sense that he was looking for them to open themselves up to the possibility of his healing power and for them to recognise their need of him.

3) When we come to pray for someone we need to let go of our ideas of what should happen and open ourselves up to the Holy Spirit's leading and guidance. This can be done by spending time praying silently first before praying out aloud. This is an opportunity to, in your mind, to give to God the situation, ask for forgiveness of sins,

*Continued above....*

### So How do we pray for physical healing (Continued.....)

(although this should be ideally done before the prayer time,) and ask God's Holy Spirit to guide and direct you in your prayers. Ask questions of God throughout the healing time like: "Lord what do you want me to do now?" "How do you want to use me?" "How should I pray?" This will help us stay in tune with what God's Spirit wants to do through us. Answers to these questions may come in the form of, strong impressions and thoughts to pray in a specific way, pictures in our mind, physical sensations corresponding with a pain in the same area as another person.

4) When the Holy Spirit comes on someone there is often signs of his presence on someone. E.g. crying, shaking, deep breathing etc. We need to ask God for the eyes of faith to perceive what the Holy Spirit is doing.

5) When we come to pray for someone for physical healing it is important that we come to God with faith. (John Ch 14 v 12 – 14) When I talk about faith I mean not just a belief that God can heal, but a belief and trust that He will heal. This is often where our faith lets us down. (James Ch 1 v 6 – 8) If we want to see God heal, then we must approach Him in the belief that He will release healing into the person we are praying for as a response to our prayer of faith. This will be done in fulfilment of the promises given us in Jesus. Reliance on

the promise of Jesus to heal and practical expressed faith to pray for healing will result in people experiencing healing. If a person on the ministry team does not have faith for the healing then they should withdraw from the

situation. Faith is defined within the book of Hebrews as, "Faith is being sure of what we hope for and certain of what we do not see."



### Different ways of praying for healing.

#### Prayer of Faith :-

In James Ch 5 v 13 – 18 we see how for the early church, healing was an important part of it's ministry. Verses 16 – 18 make it clear that faith is an important part of the healing process. We see within James how God honours those who come to Him in faith. There is a sense that a prayer of faith in agreement with others opens the resources of heaven in the area of healing. By claiming the promises of Jesus, using the power of his name and claiming his healing power through prayer, we are promised that the prayer of faith will be effective in the healing process.

#### Laying on of Hands:-

The idea of laying hands on the sick comes from the idea of adoption. The idea is that as other Christians lay hands on the sick, this person is drawn by their faith into a closer union with Christ. As this happens the healing power of Jesus is released into the sick person and they are healed. Those who lay hands on the person are used as a channel of Christ's healing power and bring an outpouring of faith into the situation which the Holy Spirit responds to in healing. There is also a sense when you lay hands on someone that you are identifying with



#### Different ways of praying. *Continued.....*

their suffering and offering the love of Christ to a person.

#### Anointing with oil :-

In Mark Ch 6 v 13 we see how the disciples were sent out by Jesus to imitate his ministry to the people. Part of this ministry was that the disciples anointed sick people with oil and as a result the sick were healed. James Ch 5 v 14 also makes it clear that anointing with oil and the prayer of faith, was a common practice in the early church to see the sick healed.

#### How is it done :-

Olive oil is offered to God in prayer before it is used. thumb is dipped into the olive oil Sign of the cross is made on the person's forehead and sometimes on both hands, :- Words like I anoint you in the name of Jesus of Nazareth," Or "I anoint you in the name of the Father and the Son and the Holy Spirit." Can be used. This is accompanied by the prayer of faith for the healing of the person.