

# Walking the Walk

## Game:- Balancing Act

You will need an orange and 2 tablespoons per person.

**Objective:-** To balance your orange on the spoon and defend it while trying to knock the oppositions orange on to the floor using the other spoon.

**Instructions:-** Allow the game to run as long as necessary. There must be no bodily contact and the only way an orange should be knocked off is by using the spoon in the other hand.

**Point:-** To be good Christians we need to live a balanced Christian life and learn to defend ourselves against wrongdoing, the devil and live our lives as Gods wants us to.

## Discussion:-

Use the “How can I be a good Christian?” sheet provided. Ask each person to fill in the questionnaire on their own. Ask them to be honest and put what they personally feel. After five minutes read through the sheet as a whole group and discuss the answers which are most likely right from a Christians prospective.

## Visual Input:-

Use the pre-recorded video provided. Show the clip of Billy Elliott.

Explain that in the lives of Christians there are times when we have to make decisions that we don't always want to make. There will also be times when other try to put us down because we choose to do what God wants. If we are to truly live for God we must always try hard to live the life that Jesus demonstrated on earth. This means turning away from the old life that we used to lead.

## Talk:-

Start by shouting out some ideas of things in life that might be hard to give up or say no to. i.e. Football on a Sunday morning or bad language. Ask the group to raise there hands for every idea that they feel would be hard to give up for God. Ask, why?. Ask a Christian that does not normally attend the group to share their testimony and a bit about how they overcome difficult situations in their personal life and how God has helped them.

## Challenge:-

Use this time to answer any questions that the group might have. Also have a corner for prayer. Give a small piece of paper to each person to write down any questions and for the last five minutes share the answers as a whole group.

Give a gift to each person to help them develop in their Christian lives or to help them decide what they believe.

## MAIN POINT:-

**Being a Christian is not always easy but if we want to grow closer to God we must persevere.**