

Who do I trust?



Tick the box for each object or person that you feel relates to you.

I trust	Completely	Strongly	Sometimes	Rarely	Never
Money					
Parents					
Friends					
Church					
Salesmen					
Ministers					
Bible					
Jesus					
Books					
Teachers					
Family					
Myself					

It takes time to learn to put your trust in people and in yourself.

Trust can depend on what you believe.